

| Position | Name | Predicted Time | Start Time | Stop/W Time | Actual Time | Difference |
|----------|-------------------------|----------------|------------|-------------|-------------|------------|
| 1 | Mark Wilson | 00:33:00 | 00:12:00 | 00:44:50 | 00:32:50 | -00:00:10 |
| 2 | Marie Claire Keddie | 00:40:00 | 00:05:00 | 00:44:49 | 00:39:49 | -00:00:11 |
| 3 | David Shepherd | 00:38:00 | 00:07:00 | 00:44:44 | 00:37:44 | -00:00:16 |
| 4 | Debbie Norris | 00:33:00 | 00:12:00 | 00:44:35 | 00:32:35 | -00:00:25 |
| 5 | Treena Johnson | 00:27:45 | 00:17:15 | 00:44:34 | 00:27:19 | -00:00:26 |
| 6 | Adam Carney | 00:28:00 | 00:17:00 | 00:44:32 | 00:27:32 | -00:00:28 |
| 7 | Elizabeth Smith Calvert | 00:38:00 | 00:07:00 | 00:44:28 | 00:37:28 | -00:00:32 |
| 8 | Bernard Disken | 00:34:00 | 00:11:00 | 00:44:25 | 00:33:25 | -00:00:35 |
| 9 | Claire Dearie | 00:38:00 | 00:07:00 | 00:44:23 | 00:37:23 | -00:00:37 |
| 10 | Steve Chapman | 00:33:00 | 00:12:00 | 00:44:22 | 00:32:22 | -00:00:38 |
| 11 | John Calvert | 00:30:00 | 00:15:00 | 00:44:21 | 00:29:21 | -00:00:39 |
| 12 | Heather Ellis | 00:40:00 | 00:05:00 | 00:44:20 | 00:39:20 | -00:00:40 |
| 13 | Chris Hardy | 00:34:00 | 00:11:00 | 00:44:14 | 00:33:14 | -00:00:46 |
| 14 | Alistair Walder | 00:31:00 | 00:14:00 | 00:44:09 | 00:30:09 | -00:00:51 |
| 15 | John MacPhail | 00:26:30 | 00:18:30 | 00:44:02 | 00:25:32 | -00:00:58 |
| 16 | Matt castle | 00:27:30 | 00:17:30 | 00:43:50 | 00:26:20 | -00:01:10 |
| 17 | Shaun Camponi | 00:40:00 | 00:05:00 | 00:43:44 | 00:38:44 | -00:01:16 |
| 18 | Paul Smith | 00:34:00 | 00:11:00 | 00:43:43 | 00:32:43 | -00:01:17 |
| 19 | Martin Athey | 00:35:00 | 00:10:00 | 00:43:32 | 00:33:32 | -00:01:28 |
| 20 | Andy Byram | 00:30:00 | 00:15:00 | 00:43:30 | 00:28:30 | -00:01:30 |
| 21 | Mike Keddie | 00:32:00 | 00:13:00 | 00:43:28 | 00:30:28 | -00:01:32 |
| 22 | Harun Umarji | 00:29:00 | 00:16:00 | 00:43:15 | 00:27:15 | -00:01:45 |
| 23 | Susan Firth | 00:42:00 | 00:03:00 | 00:42:36 | 00:39:36 | -00:02:24 |
| 24 | Suzanne Fennel | 00:40:00 | 00:05:00 | 00:42:34 | 00:37:34 | -00:02:26 |
| 25 | Georgia Smith Calvert | 00:35:00 | 00:10:00 | 00:41:31 | 00:31:31 | -00:03:29 |
| 26 | Dawn Greaves | 00:45:00 | 00:00:00 | 00:40:58 | 00:40:58 | -00:04:02 |
| 27 | Haseeb Raja | 00:37:00 | 00:08:00 | 00:39:55 | 00:31:55 | -00:05:05 |
| 28 | Paul Needham | 00:33:15 | 00:11:45 | 00:45:09 | 00:33:24 | 00:00:09 |
| 29 | Sarah Lofthouse | 00:30:00 | 00:15:00 | 00:45:10 | 00:30:10 | 00:00:10 |
| 30 | Amy Linley | 00:32:40 | 00:12:20 | 00:45:11 | 00:32:51 | 00:00:11 |
| 31 | Catherine Higgins | 00:42:00 | 00:03:00 | 00:45:34 | 00:42:34 | 00:00:34 |
| 32 | Wayne Ryan | 00:29:47 | 00:15:13 | 00:45:40 | 00:30:27 | 00:00:40 |
| 33 | Tim Rowling | 00:28:30 | 00:16:30 | 00:46:14 | 00:29:44 | 00:01:14 |
| 34 | Paul Croft | 00:30:00 | 00:15:00 | 00:47:02 | 00:32:02 | 00:02:02 |
| 35 | Annette Blythe | 00:42:00 | 00:03:00 | 00:48:47 | 00:45:47 | 00:03:47 |
| 36 | Mike Shackleton | 00:33:30 | 00:11:30 | 01:06:38 | 00:55:08 | 00:21:38 |